ID: FS053(004)



Play Value



Price: £3,999.00



The Inclusive/Senior Bundle is composed of 5 units with a maximum capacity of 10 users. The use of this equipment helps improve stability, coordination and balance. It also provides users with an opportunity for social interaction with other residents.

The stations in this range are specifically selected to be low-impact fitness and help older active adults to stay fit and prevent injury. The set can also provide a gentle introduction to fitness activity for people who haven't exercised for a while or who are absolute beginners. The units are easily accessible for wheelchair users.

The Inclusive Bundle includes:

Sit Up Pull Up Push Hands **Trinity Cycle** Leg Stretch

Colour Options



Call us on: 0845 260 1655



Specification	Plan View
Age Range: 14+	
No. of Users: 10 +	

Certification

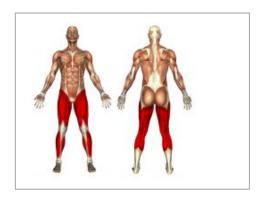


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Step Up ID: FS112(001)





Play Value







Price: £499.00 🦐



The Step Up can be used to work the quads, hamstrings and buttocks muscle groups, by stepping up and down on the equipment.

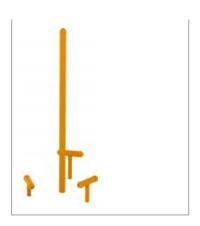
Reps: Steps x 20

Instructional video: http://www.hags.com/qr/inshape/stepup

Colour Options







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