

DO YOU LOOK AFTER SOMEONE?

IF SO YOU ARE A CARER

*Coffee Time Meeting For People
Who Have Caring Responsibilities
For Family Or Friends*



**MONDAY 9TH MAY
10.30AM**

**MILLENNIUM PAVILLION
THE TRUNDLE, SOMERSHAM**



Come and meet Angela Whitehead from Carers' Trust and Lucy Bird from Somersham Time Bank in a relaxed atmosphere, with refreshments. Angela will provide a presentation on 'Coping with Caring'.



The event is hosted by members of the Parkhall Surgery Patient Participation Group
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